

# SEVEN CUPS FINE TEAS

An authentic traditional Chinese tea house, Seven Cups has been open since April 18, 2004. We offer high quality loose-leaf Chinese teas made to order, hot or iced, and a light sweet and savory snack menu.

All of our teas are produced using organic farming techniques. We work directly with their producers, traveling each year to supervise production conditions of the teas we source, in order to bring you the most sustainable and ethically produced tea in China. We frequently work with small family held farms who may not be able to afford the cost of official certification, but who nonetheless practice sustainable and organic traditional farming methods.

New to tea? Looking for something specific? Want to try something different?  
Let us know -- our tea house team members are happy to offer a personalized recommendation.



## SERVICES OFFERED

**Online Tea Shop** | [sevencups.com](http://sevencups.com)

**Wholesale** | (866) 997-2877

**International Brokerage** | [teabrokerage.com](http://teabrokerage.com)

### Private Events and Tea Tastings:

Taste of China (*minimum 6 people*)

Chinese Tea Ceremony (*minimum 6 people*)

Private Tea Lessons (*in-person or virtual*)



Ask your server for more information, scan QR code, or visit [www.sevencups.com/seven-cups-tea-house](http://www.sevencups.com/seven-cups-tea-house).

## WANT TO LEARN MORE?

Sign up for our newsletter to get discounts, stories on tea, and notifications when each new harvest of tea arrives. Scan QR code below to sign up or visit us at [www.sevencups.com/contact/newsletter](http://www.sevencups.com/contact/newsletter).



# GREEN TEA

*Single serving price*

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<b>Shifeng Dragon Well</b> ( <i>Shifeng Longjing</i> )   Zhejiang the most famous green tea in China, handmade from original Longjing variety tea bushes that are 70+ years old, deep complex character with rich flavor and an unusually nutty aroma	20
<b>Big Buddha Dragon Well</b> ( <i>Da Fo Longjing</i> )   Zhejiang characteristic smooth lingering Longjing flavor, roast chestnut and floral aroma, early spring harvest with uniformly sized leaves and signature flattened 'bookmark' shape	15
<b>Purple Bamboo Shoot</b> ( <i>Guzhu Zisun</i> )   Zhejiang grown in a natural bamboo forest, handmade in the traditional style, clean and fresh and sweet, young spring leaves have a faint purple blush, was the first tribute tea 1200 years ago	12
<b>Spring Green Spiral</b> ( <i>Bi Luo Chun</i> )   Jiangsu tiny feathery tea buds and leaves yield a gentle yet full sweet flavor, an early spring tea with a distinct strong fruity-floral aroma, grown in a lake island garden full of flowering fruit trees	18
<b>Early Harvest Anji</b> ( <i>Ming Qian Anji Baicha</i> )   Zhejiang very pale green leaves, unusually high levels of amino acids, rich in nutrients, mild smooth flavor and complex floral aroma, one bud and one leaf pluckings from the early spring harvest	15
<b>Spring Rain Harvest Anji</b> ( <i>Yu Qian Anji Baicha</i> )   Zhejiang full yet mild flavor and floral aroma, an affordable nutritious everyday high end tea rich in amino acids, made with one bud and two leaf pluckings from the late spring harvest	10
<b>Monkey King</b> ( <i>Tai Ping Houkui</i> )   Anhui dramatic large flat leaves yield a brilliant clear green brew, soft and clean flavor, fresh bamboo aroma, unusual shape created through a unique labor-intensive hand-crafting process	12
<b>Sunflower Seed</b> ( <i>Lu'an Gua Pian</i> )   Anhui unique fully opened young leaf pluckings subjected to a bold flame roasting process that produces a strong, thick brew with a very clean and deep flavor and spring forest aroma	12
<b>Sweet Dew</b> ( <i>Mengding Ganlu</i> )   Sichuan initially strong but mellowing long lasting flavor, mineral undertones and roasted corn aroma, made with a local tea cultivar from southwest Sichuan Province where tea was first cultivated	12
<b>Feather Peak</b> ( <i>Mengding Maofeng</i> )   Sichuan full-flavored everyday green tea with a roasted chestnut and wildflower fragrance, harvested by hand, complex and balanced with pure and crisp early spring tea flavors	9
<b>Yellow Mountain</b> ( <i>Huangshan Maofeng</i> )   Anhui lightly sweet, clean, and smooth mild flavor accompanied by a fresh floral aroma, a delicate spring green tea great for everyday	9
<b>Misty New Top</b> ( <i>Mao Jian</i> )   Hubei tightly twisted dark narrow leaves that yield a brew with complex minerality and notes of toasted grain with a sweet grass finish and a fresh rice aroma	8
<b>Clouds and Mist</b> ( <i>Yun Wu</i> )   Anhui very smooth and full green flavor from whole leaf pluckings, robust but not heavy or excessively grassy, a popular everyday green tea in China	8
<b>Buddha's Eyebrow</b> ( <i>Fo Mei</i> )   Anhui fresh and grassy, rich flavor without bitterness, the highest grade international commercial standard, late spring harvest, a great affordable everyday tea	7
<b>Shade Grown Matcha</b> ( <i>Mo Cha</i> )   Zhejiang Japanese-style powdered green tea whisked to a froth, shade-grown to increase sweetness and smoothness	9

# WHITE TEA

Single serving price

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<b>Silver Needle</b> ( <i>Baihao Yinzhen</i> )   Fujian delicate fragrance like fresh flowers, clean sweet and smooth juicy flavor, made entirely of young tea buds with concentrated nutrients, made from original white tea cultivar from Fujian	14
<b>White Peony</b> ( <i>Bai Mudan</i> )   Fujian earliest spring harvest with young tea buds and leaves, very smooth and fruity flavor, rich floral aroma, popular everyday white tea	10
<b>Longevity Eyebrow</b> ( <i>Shou Mei</i> )   Fujian herbaceous and complex, harvested in spring, mature leaves and occasional buds yield full flavor with uncharacteristic darker notes reminiscent of black tea	7
<b>White Tieguanyin</b> ( <i>Tieguanyin Baicha</i> )   Fujian crisp green fruit aromatics with vegetal and nutty flavors and an almost buttery fullness, made from the Tieguanyin wulong cultivar and possesses its mellow and layered finish	10

# YELLOW TEA

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<b>Jun Island Needle</b> ( <i>Junshan Yinzhen</i> )   Hunan the most famous of this rare tea style, highly floral sugarcane aroma, very complex flavor with mineral undertones and notes of sweet corn, antioxidant-rich tea buds from heirloom bushes	20
<b>Mogan Yellow Buds</b> ( <i>Mogan Huangya</i> )   Zhejiang lingering wildflower aroma, deep flavor and honeyed finish, grown in a high-altitude mountain garden, one of the few teas made by a female tea master, complicated yellow tea processing	14

# SCENTED TEA

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<b>Snow Drop Jasmine</b> ( <i>Bi Tan Piao Xue</i> )   Sichuan early spring green tea made from a rich-flavored Sichuan tea cultivar, scented multiple times with fresh jasmine buds, rich long floral finish, jasmine petals resemble snowflakes on a pond	12
<b>White Cloud Jasmine</b> ( <i>Baiyun Xiangpian</i> )   Sichuan late spring harvest Sichuan green tea with jasmine petals, robust flavor and persistent jasmine aroma that lasts through many infusions, the most popular style of everyday jasmine tea	7
<b>Silver Dragon Jasmine Pearls</b> ( <i>Yinhao Longzhu</i> )   Fujian an especially smooth light flavor with a sweet finish and lasting gentle jasmine aroma, nutritious young sprigs hand-rolled into a pearl shape, one of our most popular high end teas	12
<b>Jasmine Pearls</b> ( <i>Moli Longzhu</i> )   Fujian full flavor with a bright jasmine aroma, bold yet smooth with a lasting floral character, an everyday pearl style jasmine tea that unfurls from a compact sphere into a tea sprig as it infuses	9

# BLOOMING TEA

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<b>Rose Jasmine Blooming Tea</b> ( <i>Moli Xianzi</i> )   Anhui delicate green tea leaves sewn into a blossom shape unfurl to reveal a double chain of jasmine topped with a young rosebud, clean green tea flavor with a pinch of floral aromatics	10
<b>Chrysanthemum Green Blooming Tea</b> ( <i>Jin Shang Tian Hua</i> )   Anhui spring green tea base with a column of large white tribute chrysanthemum flowers in the middle, topped with a piece of <i>tong xin cao</i> herb, light yet full balanced floral and herbal flavors	10

# WULONG TEA

Single serving price

## Wuyi Mountain Rock Wulong

<b>Big Red Robe</b> ( <i>Da Hong Pao</i> )   Fujian the most famous Chinese wulong, bold red infusion with a complex mineral body and sweet finish, from the birthplace of wulong in Wuyishan, slow traditional charcoal roasting technique	20 Gongfu service
<b>Golden Water Turtle</b> ( <i>Shui Jin Gui</i> )   Fujian strong dark chocolate aroma, sweet floral finish, clean and smooth dark flavor yet not heavy or bitter, months-long slow traditional charcoal roasting, one of the four famous rock wulong	15 Gongfu service
<b>Iron Monk</b> ( <i>Tie Luo Han</i> )   Fujian very robust deep flavor and rich complexity developed by heavy roasting over bamboo charcoal, mother bush discovered by a warrior iron monk, one of the four famous rock wulong	15 Gongfu service
<b>White Rooster Crest</b> ( <i>Bai Ji Guan</i> )   Fujian vibrant orange brew with a full yet smooth taste, bright yellow fresh leaves with spiky edges like a cockscomb, light roast preserves floral character, one of the four famous rock wulong	15 Gongfu service
<b>Sparrow's Tongue</b> ( <i>Que She</i> )   Fujian rich and unusual floral aroma, lightly roasted, smooth clean full flavor with a distinct enduring aftertaste, late spring harvest, named for the delicate and narrow shape of its cultivar's leaves	12
<b>Old Bush Narcissus</b> ( <i>Laocong Shuixian</i> )   Fujian distinctive full yet soft layered flavor from mature tea bushes on average 60 years old, complex nutrition, woody and toasted grain aromatics, persistent minerality and sweetness	11
<b>Rare Crimson</b> ( <i>Qi Dan</i> )   Fujian orchid floral aroma and sweet finish, slow-developing subtle character, fresh leaves are faint reddish-purple when young, descended from one of the oldest bushes in Wuyishan	10
<b>Little Red Robe</b> ( <i>Xiao Hong Pao</i> )   Fujian bright floral aroma unique to the cultivar preserved with a light roast, combined traditional and modern roasting techniques create rich layered flavors without a heavy toasted smell	10
<b>Eight Immortals</b> ( <i>Ba Xian</i> )   Fujian signature rich and deep floral aroma that lingers, full strong flavor without bitterness, brief finishing charcoal drying roast to develop sweetness while retaining high aromatics	10
<b>Cassia Bark</b> ( <i>Rougui</i> )   Fujian an affordable daily rock wulong for bold, balanced persistent flavor without heaviness, a robust tea cultivar popular for its rich flavor and cassia aroma, often used in Big Red Robe blend	9
<b>Narcissus</b> ( <i>Shuixian</i> )   Fujian rich fragrance resembling narcissus flowers, deep full flavor, most popular local rock wulong cultivar in Wuyishan, oven dried for less roastiness, great for new wulong drinkers	8

## Anxi County Wulong

<b>Traditional Tieguanyin</b> ( <i>Chuantong Tieguanyin</i> )   Fujian sweet and complex with a candied nut aroma, lighter-roasted than rock wulong but processed in the same dark traditional twisted-leaf style, made from the unique Tieguanyin tea cultivar	9
<b>Golden Tieguanyin</b> ( <i>Jin Guanyin</i> )   Fujian harvested on a sunny day for strongest aroma and complexity, clean smooth and buttery with intense fruity-floral aromatics, modern pearl style with greener leaves and a full yet light flavor	10
<b>Monkey Picked</b> ( <i>Ma Liu Mi</i> )   Fujian smooth clean flavor and floral aroma, later spring harvest than Golden Guanyin, named for the legend monkeys were taught to pick tea from Tieguanyin bushes growing on cliffsides	8

# WULONG TEA

Single serving price

## *Phoenix Mountain Dan Cong Wulong*

<b>Magnolia</b> ( <i>Yu Lan Xiang</i> )   Guangdong very full lingering aroma like magnolia, made from old-growth tea trees that have a complex full-bodied flavor and less astringency, traditional finishing roast over lychee wood charcoal	10
<b>Yellow Sprig</b> ( <i>Huang Zhi Xiang</i> )   Guangdong mellow body, medium roast and buoyant gardenia aroma, early harvest for minimal bitterness, descended from oldest Phoenix Mountain Dan Cong mother bush over 600 years old	9
<b>Snow Orchid</b> ( <i>Mi Lan Xiang</i> )   Guangdong heavily roasted for a bold, toasty dark flavor with a lingering floral finish like orchid flowers, a popular everyday wulong with more caffeine for study and alertness	8

# PUER TEA

## *Sheng (Raw) Puer*

<b>Youle Mountain Cake</b> ( <i>Youleshan</i> )   Xishuangbanna, Yunnan complex deep flavors that change through many infusions, gentle floral and herbal aromatics, an old-time tribute tea from mature tea trees from one of Yunnan's six famous tea mountains	15 <i>Gongfu service</i>
<b>Sweet Water</b> ( <i>Tian Shui</i> )   Xishuangbanna, Yunnan a clean and light traditional sheng puer made from old-growth Menghai tea trees, pronounced returning sweetness and refreshing notes of melon rind with a long-lasting fragrance	9
<b>Snow Mountain</b> ( <i>Daxueshan</i> )   Lincang, Yunnan very robust and rich flavor, apricot-colored infusion and floral aromatics, ideal for those seeking a strong traditional sheng puer, from a mountain with many old-growth forest tea trees	9
<b>Purple Buds Cake</b> ( <i>Zi Ya</i> )   Pu'er City, Yunnan very nutrient-rich buds with high levels of anthocyanins, unique Zijuan dark purple variety of forest-grown tea, unique rich and sweet floral aroma, persistent sweet, savory, umami flavors	12
<b>Purple Leaf Cake</b> ( <i>Hei Zi Juan</i> )   Pu'er City, Yunnan spring harvest of Zijuan dark purple variety which flushes fully purple when young, easy-to-drink smooth and complex flavor with mineral notes and lingering sweet finish	9
<b>Black Stripe Cake</b> ( <i>Hei Tiao Zi</i> )   Lincang, Yunnan smooth flavor, high floral-fruity aroma, made from forest-grown tea trees that have a few faint purple leaves when young, plucked before leaves fade to green in later spring	9
<b>Little Sheng Jinggu Brick</b> ( <i>Jinggu Sheng Xiao Fangzhu</i> )   Lincang, Yunnan vibrant golden brew with a smooth, coating body and persistent sweet finish, with notes of sandalwood and camphor and subtle hints of spice and earth, traditional 7-8g serving size	8
<b>Little Golden Melon</b> ( <i>Xiao Jinggua</i> )   Lincang, Yunnan full flavor, wildflower aroma, compact bowl-shaped tuoicha cake is typically strong cheap tea but this cake uses high quality one bud and one or two leaf Snow Mountain spring pluckings	7
<b>Big Tree Dragon Ball</b> ( <i>Jinxiu Longzhu</i> )   Lincang, Yunnan delicate yet complex and layered, distinctive fruity notes of pineapple and rich wildflower and strawberry-like aromatics, made from large old-growth tea trees, traditional 7-8g serving	8

*Puer tea improves in flavor as it ages and becomes more medicinally beneficial according to traditional Chinese herbalism. Please ask your server for the current year in stock.*

# PUER TEA

Single serving price

## White Puer

- White Dragon Whiskers (*Bai Long Xu*)** | Lincang, Yunnan  
single hand-picked tea buds with high nutritional content, particularly smooth and lingering flavor, rich complicated floral aroma from growing in forest environment, former tribute tea 12
- White Moonlight (*Yue Guang Bai*)** | Pu'er City, Yunnan  
unique 'dark' withering process by slow natural air-drying develops an unusually smooth flavor similar to white tea, complex wildflower aromatics and deep sweet fruity flavors 10

## Shu (Cooked) Puer

- Jujube 2000 (*Zao Xiang Fangzhuān*)** | Lincang and Baoshan, Yunnan  
one of the oldest puers in our collection, an excellent example of the fruity dried jujube date fragrance that develops over time in large-leaf shu puer, naturally aged rich sweet flavor 18  
*Gongfu service*
- Aged Old Tree Cake (*Cha Tao*)** | Lincang, Yunnan  
an exceptionally smooth and clean handmade shu puer, made with high-quality leaves from old-growth tea trees, ripened with a unique small-batch technique, rich and complex 10
- Caravan Leader Cake (*Ma Guo Tou*)** | Pu'er City, Yunnan  
slow 90-day shu puer processing of young one bud and one leaf pluckings for a gold-medal-winning clean, deep, and rich flavor, lightly fruity and lingering finish, rich red infusion 9
- Little Shu Jinggu Brick (*Jinggu Shu Xiao Fangzhuān*)** | Lincang, Yunnan  
robust full shu puer flavor with a long finish, brews dark and develops a lightly sweet flavor in the back of the throat, traditional 7-8g serving size 8
- Palace Puer (*Gongting*)** | Pu'er City, Yunnan  
small young buds and tender leaves with rich nutrition, deep smooth and sweet flavor, oldest 150 year old puer in China made in this tribute style for the emperor's court 9
- Home Store Puer (*Jia Cang*)** | Pu'er City, Yunnan  
darker and more earthy, smooth sweet and robust flavor from medium-sized mature leaves, popular for everyday use and storage at home to develop a sweetness and health benefits 8
- Woodland (*Shanye Tian*)** | Pu'er City, Yunnan  
rich notes of sweet earth and moss are reminiscent of walking through a forest, a clean lingering sweetness accented with notes of fresh wood, the same material as Sweet Dragon Ball 7
- Purple Leaf Palace Puer (*Zijuan Gongting*)** | Pu'er City, Yunnan  
unusually clean and sweet without earthiness, complex mineral aftertaste, rich in nutrients, made with small young buds and leaves from the Zijuan dark purple variety tea plant 10
- Sweet Dragon Ball (*Shu Longzhu*)** | Pu'er City, Yunnan  
clean and sweet, high-quality tender leaves from old-growth trees create impressive complexity, rich deep flavor with lingering finish, hand rolled into a ball, traditional 7-8g serving 8
- Date Fragrance Tuocha (*Zao Xiang*)** | Jinggu, Yunnan  
aged shu puer with a classic date fragrance and a subtly fruity and earthy finish, easy-to-drink rich red brew that coats the entire mouth with a lingering sweetness, traditional 7-8g serving 7
- Sticky Rice Tuocha (*Nuomi Xiang*)** | Pu'er City, Yunnan  
medium-size leaf Jingmai shu puer blended with the local *nuomi xiang* herb that has a sweet aroma just like freshly cooked sticky rice, shaped into a mini tuocha, traditional 7-8g serving 7

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# BLACK TEA

*Single serving price*

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<b>Tongmu Lapsang Souchong</b> ( <i>Tongmu Zhengshan Xiaozhong</i> )   Fujian traditionally made with delicate pine smoke, clean longan flavor with a sweet finish, from the village where black tea was originally invented 450 years ago, small spring tea buds and leaves	12
<b>Drunken Peach</b> ( <i>Zui Chun Fang</i> )   Fujian unsmoked early spring black tea from historic Tongmu in Fujian, intoxicating floral and fruit-like aroma of ripe peaches, sweet dense and persistent flavor, leaves from heirloom bushes	10
<b>Lapsang Souchong Strong Smoke</b> ( <i>Yan Xiaozhong Hong Cha</i> )   Fujian strong signature pine smoke aroma, popular in England, a familiar everyday bold smoky black tea made from full-flavored mature spring leaves, crafted with traditional techniques	8
<b>Sunrise Keemun</b> ( <i>Qimen Caixia</i> )   Anhui complex and sweet vermilion brew, very floral, hand-picked unbroken early spring buds and leaves, unique flavor from local bush cultivar from Qimen (Keemun) County in Anhui Province	10
<b>Breakfast Keemun</b> ( <i>Qimen Zao Cha</i> )   Anhui standard chopped leaf Keemun black tea with characteristic full and slightly spicy flavor with a sweet finish, very popular in breakfast blends, a great everyday black tea	7
<b>Anji Black</b> ( <i>Anji Hong</i> )   Zhejiang unconventional black tea made from the same cultivar as amino acid-rich Anji Baicha green tea, sweet and honeyed mellow flavor with malted grain aromatics and a rosy amber brew	9
<b>Golden Buds</b> ( <i>Jinya</i> )   Lincang, Yunnan antioxidant-rich hand-picked single tea buds that turn golden when skillfully processed into black tea, full sweet flavor with no bitterness, cocoa powder aroma even when brewed cold	12
<b>Golden Peacock</b> ( <i>Jin Kongque</i> )   Lincang, Yunnan handmade with one bud and one leaf for rich fullness, roasted yam aroma, good everyday tea with full sweet Yunnan flavor, no bitterness, from an area where peacocks signify good fortune	8
<b>Gongfu</b> ( <i>Dianhong Gongfu</i> )   Lincang, Yunnan a famous black tea with full Yunnan flavor and a long floral finish, good for brewing hot or cold, leaves left whole instead of chopped, 'gongfu' refers to being made with skill and effort	7
<b>Old Tree Yunnan</b> ( <i>Laoshu Dianhong</i> )   Lincang, Yunnan forest-grown ancestral tea tree variety found only in southwest Yunnan, high in nutrients and naturally lower in caffeine, rich wildflower aroma with a sweet finish, not heavy or astringent	12
<b>Purple Leaf Yunnan Black</b> ( <i>Zijuan Hong</i> )   Pu'er City, Yunnan light-bodied and smooth with depth yet a delicate delivery, fragrant with notes of sweet violet, made from young buds and leaves from the unusual Zijuan dark purple variety tea plant	8
<b>Youle Young Tree</b> ( <i>Youle Xiaoshu</i> )   Xishuangbanna, Yunnan sun-dried black tea with a high aroma, made from spring leaves of Youle Mountain puer trees, classic brisk and sweet Yunnan black tea flavors yet traces of fruity sheng puer character	8

# HERBAL TEA (Caffeine Free)

*Single serving price*

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<b>Seven Cups Eight Treasures</b> ( <i>Ba Bao Cha</i> )   Sichuan full-flavored fruity traditional blend of nine herbs: jujube date, longan, goji, ginseng, hawthorn fruit, tangerine peel, chrysanthemum, Chinese licorice, and young bamboo leaf, used for immune system support, a unique blend made for Seven Cups by a master Sichuan herbalist	9
<b>Rose Buds</b> ( <i>Mei Gui Hua</i> )   Fujian young rose buds with mild floral herbaceous flavor, considered warming in traditional Chinese herbal medicine, used for centuries for improving circulation and relieving muscle cramps	8
<b>Hibiscus Flowers</b> ( <i>Fu Rong Hua</i> )   Lincang, Yunnan refreshing lightly sour flavor, made from large purple Chinese hibiscus flowers with a colorful bright red-pink infusion, high in vitamin C, excellent hot or iced	7
<b>Osmanthus Flowers</b> ( <i>Gui Hua</i> )   Fujian lush floral aroma from tiny golden yellow flowers that blossom in autumn, smooth and lightly sweet clean flavor, cooling Chinese herb used for reducing inflammation	9
<b>Snow Chrysanthemum</b> ( <i>Xue Ju</i> )   Xinjiang dark red color but very smooth flavor with sweet finish, rich nutrition from growing at cold high altitudes, used as a cooling herbal medicine to treat eyes, liver, reduce inflammation	8
<b>Baby Chrysanthemum</b> ( <i>Tai Ju</i> )   Zhejiang clear yellow-green mild brew from young chrysanthemum flowers harvested just before blooming, same cooling properties as snow chrysanthemum	7
<b>Goji Berries</b> ( <i>Goji</i> )   Ningxia very mild sweet flavor, famous for high levels of antioxidants and amino acids, a popular berry from northwestern China often used in tea and soups, berries can be eaten after infusing	7

*Any of these herbs (excluding Eight Treasures) may be added as an herbal boost to any other tea for 1/2 the price of the herb*

# ICED TEA

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*Any of our teas can be made fresh to order as an iced tea. Along with your teapot, you will receive a cup of ice to pour your tea over.*

# SNACK MENU

Single serving price

## Goji Berry Haluwa

A healthy treat made from dried fruit and nuts with a ghee and honey binder, topped with plump goji berries.

*Ingredients: Raisins, cranberries, figs, apricots, cashews, almonds, raw cocoa, cardamom, honey, ghee (clarified butter), goji berries.*



5.0

## Mung Bean Cake with Red Bean Paste

Lightly sweetened mung bean paste with a sweet red bean paste filling.

*Ingredients: Red bean paste, mung beans, tapioca starch, olive oil, canola oil, sugar, natural coloring.*  
(Vegan, dairy-free)



4.0

## Dried Fruit and Nut Plate

A blend of naturally sweet unsweetened dried fruits, the most common Chinese dessert.

*Ingredients: Organic figs, organic cherries, apricots, mango, pitted dates, raw almonds.*  
(Vegan, dairy-free)



5.0

## Tea Egg

A light savory snack traditionally eaten as a quick meal with tea, simmered in a broth of loose tea and spices.

*Ingredients: Tea, cassia bark, Sichuan peppercorn, star anise, ginger root, cinnamon, salt.*  
(No soy sauce, no MSG)



2.5

## From our local Tucson partners:

### Seasonal Fruit Hand Pie | Rosebud Bakery

Flakey, all-butter, whole-grain crust featuring White Sonoran Wheat flour and seasonal, homemade fruit filling. Flavors change with the season.

*Ingredients: Organic all-purpose flour, organic White Sonoran Wheat Flour, unsalted butter, sugar, salt, organic seasonal fruit, cornstarch/flour, vanilla, lemon juice.*



5.0

### Rye Banana Walnut Bread | Rosebud Bakery

Rosebud Bakery's signature banana bread features the spicy nuttiness of rye flour and toasted walnuts.

*Ingredients: Organic all-purpose flour, organic rye flour, raw sugar, canola oil, yogurt, eggs, bananas, toasted walnuts, vanilla, baking powder, salt.*



3.0

# SNACK MENU

Single serving price

## Triple Ginger Scone | Rosebud Bakery

Whole-grain scone featuring three types of ginger: fresh grated, ground, and crystallized. The spiciness of the ginger is complemented with warm baking spices.

*Ingredients: Organic all-purpose flour, organic White Sonoran Wheat Flour, light brown sugar, organic cream, fresh grated ginger, ground ginger, crystallized ginger, cinnamon, cardamom, baking powder, salt, vanilla, raw sugar.*



3.5

## Seasonal Fruit Scone | Rosebud Bakery

Whole-grain scone featuring White Sonoran Wheat flour from BKW Farms and seasonal fruit. Flavors change with the season.

*Ingredients: Organic all-purpose flour, organic White Sonoran Wheat Flour, sugar, organic cream, organic seasonal fruit, cinnamon, lemon zest, baking powder, salt, vanilla, raw sugar.*



3.5

## Jalapeño Squash Cheddar Scone | Rosebud Bakery

Whole-grain scone featuring organic rye flour and butternut squash puree complemented with aged cheddar and jalapeños.

*Ingredients: Organic all-purpose flour, organic rye flour, sugar, organic cream, buttermilk, aged white cheddar, organic jalapeños, organic butternut squash, baking powder, salt.*



3.5

## Coconut Cardamom Shortbread Cookies | Rosebud Bakery

These cookies are sweet, salty, crispy, and chewy. The toasted coconut is complemented nicely with the floral, citrusy fresh ground cardamom.

*Ingredients: Organic all-purpose flour, organic Khorasan flour, sweetened coconut, unsalted butter, cardamom, salt.*



4.0

## Molasses Ginger Cookies | Rosebud Bakery

Soft, chewy ginger cookie.

*Ingredients: Organic all-purpose flour, organic White Sonoran Wheat flour, eggs, unsalted butter, molasses, sugar, brown sugar, grated ginger, crystallized ginger, ground ginger, cinnamon, allspice, salt, baking powder, raw sugar.*



3.0

## Rosemary Shortbread Cookies | Rosebud Bakery

A classic shortbread cookie with aromatic fresh rosemary.

*Ingredients: Organic all-purpose flour, unsalted butter, organic rosemary, sugar, salt.*



4.0

Rosebud Bakery is a local Tucson business focusing on handmade, artisanal baked goods and sourdough breads made with high-quality local ingredients. Find out more at [www.rosebudbakeryaz.com](http://www.rosebudbakeryaz.com).